
Integrated Energy Therapy®

Integrated Energy Therapy (IET), developed at the Center of Being, by Stevan J. Thayer, is the next level to heal with the energy of angels. IET uses a divine angelic energy. IET supports you in safely and gently releasing limiting energy patterns of your past, empowering and balancing your life in the present, and helps you to reach for the stars as you evolve into your future.

Benefits of IET

- Releases your deeply suppressed feelings and your core cellular memories
- Clears energy blocks that limit your health, life purpose, prosperity and creativity
- Empowers you to experience fulfilling loving relationships
- Helps you to discover and live your Soul's mission in life
- Provides gentle yet powerful support for survivors of childhood traumas
- Supports your self-healing at all levels, physical, emotional, mental and spiritual.
- Increases your connection to your angels and helps you work with them in your life



IET Sessions

We start the session by discussing which areas or goals you wish to focus on. During the IET session, you lie fully clothed and relaxed on a massage table while soft soothing music is played in the background. Next, IET energy is systematically directed into specific areas of your body's cellular memory by means of gentle therapeutic touch, and powerful IET techniques are used to gently get your issues out of your tissues for good.

Your first IET sessions will likely be focused on using the Basic and Intermediate IET to clear the limitations and pain from your past. As the pain from your past clears, we will use the Advanced IET to help you manifest your life's vision and bring your dreams alive.

At the end of an IET session, it is typical to feel relaxed, recharged and refreshed.

A Complementary Holistic Therapy

Integrated Energy Therapy is complementary to other healing arts and can be used alone or in combination with other holistic or traditional approaches to accelerate your self-healing journey. However, IET is not a replacement for traditional medical approaches.

Please note that while IET can be very effective, no medical claims are made as to the effect or outcome of this treatment approach. Each person is encouraged to be responsible in the use and choice of professional healing assistance as needed.

Classes

Linda Saraco is an IET Master Instructor.

Courses offered

1. Basic IET
2. Intermediate IET
3. Advanced IET
4. IET for Pets

For course details visit www.lindasaraco.com.

**Contact me to plan a course at
your location.**



Healing with the Energy of Angels®

through

INTEGRATED Energy Therapy®



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Linda Saraco

Linda Saraco is a Master IET Instructor. She has successfully completed advanced studies of IET and offers personalized sessions for animals and people. Linda is also a Reiki Master Teacher.

Linda offers IET training courses. You're invited to join a public class or arrange for a class to be taught at your home or business.



**Get the issues out
of your tissues**